Southern Regional 9/10 High School May 2018

Questions, comments or concerns contact: Gary Haddad, Food Service Director at 609-597-9481 Ex. 4369



Handcrafted Deli Sandwiches

Assorted Deli Meats and Cheeses In A Hurry? Check **Assorted Fresh Toppings and Spreads Out Some of Our Fast** Choice of Tuna or Egg Salad Daily **Take Sandwiches** Assorted Wraps, Rolls and Bread

> Breakfast Served Daily 7:30 - 7:40 Available to ALL.

Daily and Weekly Salad Specials

Week 1 **Romaine Salad**

Week 1: Week 2 Week 2: Spinach Salad

Week 3: Week 3 Week 4: **Romaine Salad** Week 5: Week 4

SALADS Garden Salad w/ Cheese

Chef Salad

Chicken Caesar Salad **Buffalo Chicken Salad** Greek Salad w / Pita



Spinach Salad

EVERYDAY CHOICES

Hamburgers, Cheeseburgers, Breaded Chicken w/ Grain, Chicken Patty Sandwich

Jersey Burger Monday:

Tuesday: **Buffalo Chicken Patty**

Wednesday: Chicken Bacon Cheddar Sandwich

Turkey Cuban Sandwich Thursday: Ham & Cheese Melt on a Bagel Friday:

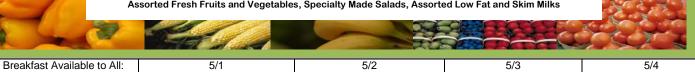
Everyday Choices



Monday: Stromboli Tuesday: Buffalo Chicken Wednesday: White Pizza Thursday: French Bread Friday: Chicken Bacon Ranch

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks



Breakfast Available to All:	5/1	5/2	5/3	5/4
Students Full: \$1.75	Roasted Chicken w/ Biscuit	Buffalo Chicken Mac &	Nacho Bar w/ Fixings Bar	Grilled Cheese w/ Crabby
Reduced: \$.30	Mashed Potatoes & Gravy Roasted Corn	Cheese w/ Dinner Roll	Refried Beans & Spanish Rice	Fries Green Beans
Adult: \$ 2.25	Roasted Com	Sautéed Spinach	Rice	V
5/7	5/8	5/9	5/10	5/11
Waffle Bar w/ Fruit Toppings	Bacon Cheese Burgers w/	Pasta & Meatballs w/ Garlic	Taco Bar w/ Hard or Soft	Chinese Take Out
& Whipped Cream Sausage	Toppings Bar	Bread Roasted	Shell w/ Fixings Salsa &	Chicken w/ Noodles
Patty or Ham Tater Tots	BBQ Baked Beans French	Broccoli	Black Beans Spanish	Mixed Vegetables
V	Fries	V	Rice	
5/4.4	E/AE	F/AC	5/17	5/18
5/14 Mozzarella Sticks w/	5/15 Crispy Chicken Bowl w/	5/16 Baked Ziti w/ Garlic Bread	Nacho Bar w/ Fixings	Buffalo Chicken Flatbread
Marinara	Mashed Potatoes & Gravy	Sautéed Spinach & Garlic	Bar Pinto Beans Carrot	Green Pepper Strips
Sw. Potato Fries	Sweet Corn & Dinner Roll	V Cauteed opinaen a Came	Sticks	French Fries
V			G iiolio	
5/21	5/22	5/23	5/24	5/25
Sloppy Joe Sliders w/ BBQ	Chicken Sticks w/ Dinner Roll	Crispy Chicken Bacon	Taco Bar w/ Hard or Soft	Chicken Fajitas w/
Mashed Sweet Potatoes	Smiley Fries Sweet Peas	Ranch on a Kaiser Roll	Shell w/ Fixings Salsa &	Toppings
Carrot Sticks w/ Dip	•	Steamed Broccoli	Refried Beans	Peas & Carrots
			Spanish Rice	
5/28	5/29	5/30	5/31	Lunch Available to All:
Memorial Day School Closed	Popcorn Chicken w/ Dinner	BBQ Chicken w/ Biscuit	Chicken Fajita Nachos w/	Students Full: \$2.95
Available Daily:	Roll French Fries	Mashed Potatoes & Gravy	Fixings Bar Baked Beans	w/ Fries: \$3.35
Peanut Butter &		sautéed Spinach		Reduced: \$.40
Jelly Sandwich				Adult A la Carte: \$3.30
Bagel, Cereal & Yogurt Box				

Veggie Bar Offered Daily Tossed Salad, Carrot & Celery Sticks, Lettuce, Tomatoes, Onions & Hot Peppers